

Communion

I Corinthians 10:16 **The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?**

I Corinthians 10:17 **For we being many are one bread, and one body: for we are all partakers of that one bread.**

Communion

The Greek word is “Koinonia” which means:

Union or oneness with
Sharing together
Partakers in common
Communicating
Fellowship

The Bread

The Bread (which we break) is:

The Body (or flesh) of Christ

John 6:51 **I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world.**

John 6:52 **The Jews therefore strove among themselves, saying, How can this man give us his flesh to eat? (they could only think naturally)**

John 6:53 **Then Jesus said unto them, Verily, verily, I say unto you, Except you eat the flesh of the Son of man, and drink his blood, you have no life in you.**

So the bread represents the flesh of Christ

And eating the flesh (the bread) gives Life

But Jesus then said:

John 6:63 ... **the words that I speak unto you, ... they are life.**

So, the Words of God give life

And, the flesh of Christ gives life

So the flesh of Christ is the word of God

And the Bread we eat symbolizes eating the Word of God, consider

John 1:14 **And the Word was made flesh, and dwelt among us, ...**

Jeremiah 15:16 **Thy words were found, and I did eat them; and thy word was unto me the joy and rejoicing of mine heart: for I am called by thy name, O LORD God of hosts.**

Psalms 34:8 **O taste and see that the LORD is good: ...**

By eating God's Words we have union (communion, communication) with Christ:

John 6:56 **He that eats my flesh (words), ... dwells in me, and I in him.**

We become partakers (Koinonia) of His nature:

II Peter 1:4 **Whereby are given unto us exceeding great and precious promises: that by these you might be partakers of the divine nature, ...**

That's why He says if we love Him, we should feed His sheep (His words)

Lamentations 4:4 ... **the young (spiritual) children ask bread (God's words), and no man breaks it unto them.**

This is my body broken for you,
This is my flesh, the Word of God,
This is the bread of life broken down into bite-sized morsels of scripture for you,
As often as you symbolize eating my words,
Do it in remembrance of me.

The cup of wine

The cup of wine (or grape juice), which we drink, is:

The blood of Christ

And His blood gives life to His flesh:

Leviticus 17:11 **For the life of the flesh is in the blood: ...**

Now, we know that the flesh of Christ represents God's Word

Therefore the blood must give life to the Word, but Jesus said:

John 6:63 **It is the spirit that gives life; the flesh profits nothing:...**

So the blood represents God's Spirit, who gives life (breath) to His Word,
therefore:

II Corinthians 3:6 **Who also has made us able ministers of the new testament; not of the letter (the flesh without blood), but of the spirit: for the letter kills, but the spirit gives life.**

We cannot have communion with His words (His flesh, the bread) without
having communion with His Spirit (His blood, the cup)

II Corinthians 13:14 **... and the communion of the Holy Spirit, be with you all. Amen.**

This is the cup of the new testament written in my blood,
This is the living water turned into wine,
This is the cup of forgiveness and cleansing from all sin,
This is my Spirit, my Breath,
As often as you symbolize this drinking and partaking of my Spirit,
Do this in remembrance of me.