

The Antidote to Anger - God's living Words

It matters how we approach the Bible – it is not the law

I Thes 2:13 . . . you received the word of God . . . not as the word of men, but as **it is in truth, the word of God, which mightily works also in you that believe.**

Heb. 7:16 ... **not after the law** of a carnal commandment...

2 Pet. 1:4 ... (there) have been given to us exceedingly great and **precious promises** (God's words), that through these you might be partakers of the divine (God's) nature ...

2 Cor. 3:6 ... not of the letter but **of the Spirit** ... for the Spirit (the breath of God) gives life (to the letter – the word of God)

Jer 15:16 Your words were found (O Lord) and **I ate them** ..

Eze. 36:27 (**God says**) And **I will** put my Spirit within you and **cause you to** ... **keep my** judgments (**words**) ...

God's "promises" concerning Anger

Psa 37:8 (We eat these words) **Cease from anger, and forsake wrath: do not fret** (get heated) **it only causes harm.**

Pro 19:11 (Then we shall have) **The discretion of a man (who) defers his anger; and it is his (my) glory to pass over a transgression.**

Pro 16:32 (We are becoming) **He that is slow to anger is better than the mighty; and he that rules his spirit than he that takes a city.**

Pro 20:3 (For us) **It is an honour for a man to cease from strife: but every fool will be meddling.**

Pro. 17:14 (We are recognizing that) **The beginning of strife is as when one lets out water** (when I speak hostile words), **therefore leave off contention before it is meddled with.**

Pro. 13:10 (We are submitting to this truth) **Only by pride comes contention...** (it's usually when I get offended because someone has violated pride's set of imaginary rights).

Pro. 8:13 (We have started to hate pride since) **The fear of the Lord is to hate ... pride..**

Jam 1:20 (We are forsaking wrath) **For the wrath of man does not produce the righteousness of God.**

Prov. 15:1 (We are beginning to believe that) **A soft answer turns away wrath, but hostile words stir up anger**

Ecc. 7:9 (And believe even these words too) **Be not hasty in your spirit to be angry: for anger rests in the bosom of fools.**

God's "promises" concerning my mouth

Psa 39:1 (May these words become mine as God works them into my heart and causes me to live in them by His Spirit) . . . **I said, I will take heed to my ways, that I sin not with my tongue: I will keep my mouth with a bridle, while the wicked is before me** (invisible, wicked spirits are ever before me, injecting evil and hostile thoughts into my carnal mind. These spirits want me to believe and speak their thoughts and by so doing I become their captive; while at the same time their intent is to cause damage to the person or people that hear my words - see 2 Cor 10:4&5).

Pro 18:13 (We listen first and then go deep, for) **He that answers a matter before he hears it, it is folly and shame to him.**

Psa 141:3 (Thank you Father) **Set a watch, O LORD, before my mouth; keep the door of my lips.**

Jam. 3:2 (God can do this) ... **If any man stumbles not in word, he is a perfect man and able to bridle the whole body.**